VOICEMOTION WORKSHOP

Exploring voice, movement and emotion with **Guy Dartnell**. **Saturday 19th October 11.00-6.30 pm**. **St Matthew's Church Centre**, London Road, St. Leonards, TN37 6PD



This is a taster workshop for performers and non-performers alike. In **Voicemotion** we explore blending vocal sounds and movement so a unity is achieved. Through processes and improvisations we aim to spontaneously access our emotional qualities and express them in a dynamic vocal-physical way, capturing their rhythms, nuances, peaks and troughs. Emotionally challenging, but a chance to experience the power of our own and other people's emotional voice-body in an exciting way while developing our sense of presence and play. Places are limited so early booking is advised.

Cost: £35 (£30 Conc)

Booking: zoe.manders@southeastdance.org.uk 01273 696 844

Further Info: gdartnell@mac.com 07709 316 274 www.variousguyses.org

Guy Dartnell is an inter/national award winning solo and collaborative artist. He run's workshops all over the world and this is his first in Hastings/St Leonards since moving here in 2012. He has worked with the likes of Meredith Monk and is an associate with Improbable, Lone Twin Theatre, Dance4 and the co-artistic director of *Oogly Boogly* and his teaching is highly influenced by the Roy Hart Theatre.