

DEVELOPING EMOTIONS

Year 5 Programme Outline.

All six units include elements of **history** and emotional **vocabulary**. The grid below indicates some of the lessons and topics included in the programme to give you a sense of how it can fit in with your curriculum. Topics marked “**debate**” involve elements of philosophy, religious studies, and ethical discussion.

Unit 1	Feeling Blue	MUSIC and LITERACY – Introduction to ‘Developing Emotions’; writing a blues song – emotions, music, lyrics.	DRAMA – Shakespeare’s <i>Titus Andronicus</i> and melancholy; the four humours.	ART – Shades of sadness – making images in response to music.
Unit 2	Looking for Joy	SCIENCE – Charles Darwin and the science of the smile; happiness in animals; fake versus genuine smiles.	LITERACY – words and metaphors for joy; happiness in lyrics and poetry; word histories	DEBATE – Utilitarianism, flourishing, hedonism – what form of happiness should we pursue?
Unit 3	Anger and Revenge	ART – what does anger look like? Paintings by Bosch, John Martin, and Francis Bacon; making irate images.	LITERACY – the story of Achilles, the idea of revenge, and words for rage and anger.	DEBATE – Can anger be good? Is rage a ‘deadly sin’? Anger and protest.
Unit 4	Crying with Laughter	DRAMA – ancient Greek drama; tears and laughter as response; physical humour and slapstick.	DEBATE – what is “schadenfreude”, and is it ever OK to laugh at other people’s suffering?	SCIENCE – what are tears and laughter for? Are they good for you? Are they contagious?
Unit 5	Fears and Worries	ART – images of fear and worry in cartoons and paintings; Dorothea Lange’s documentary photography.	LITERACY – meanings and histories of ‘worry’ and ‘petrified’; reading and writing scary poetry.	DRAMA – Martha Graham and contemporary dance; using our bodies to express fear and worry.
Unit 6	Love and Friendship	SCIENCE – the evolution of the friendly brain; ‘cognition’ and the ‘neocortex’; Dunbar’s number.	LITERACY – friendship in poetry and philosophy; CS Lewis’ four loves; writing poetry.	RECAP – playing the ‘Emotionology’ game – describing, acting out, and mapping emotion words.